3.6.3 Details of extension and outreach programmes conducted by the institution through NSS/NCC/Red Cross/YRC etc. during the year (including Government-initiated programs such as Swachh Bharat, Aids Awareness, Gender Issue, etc. and those organised in collaboration with industry, community and NGOs)

3.6.4 Number of students participating in extension activities listed in 3.6.3 during the year

Name of the Activity	Organising Unit/ Agency/ Collaborating Agency	Name of the Scheme	Month and Year of the activity	Number of students who participated in such activities
VOTERS DAY CELEBRATIONS.	NSS	REGULAR SCHEME	JAN-25- 2022	53
REPUBLIC DAY	NSS	REGULAR SCHEME	Jan-26-2022	12
ELEMINATION OF SINGLE USE PLASTIC	NSS	REGULAR EVENTS	SECOND SATURDAY	33
NO VECHICLES DAY	NSS	REGULAR SCHEME	FOURTH SATURDAY	Nil
WOMENS DAY	NSS	REGULAR SCHEME	MARCH 8-2022	58
NSS-SPECIAL CAMP YEAR END	NSS	SPECIAL GRANT SCHEME	MARCH 21-2022	50
WATER DAY	NSS	REGULAR EVENT	MARCH 22-2022	38
NSS-SPECIAL CAMP YEAR END	NSS	SPECIAL GRANT SCHEME	MARCH 22-2022	50
NSS-SPECIAL CAMP YEAR END	NSS	SPECIAL GRANT SCHEME	MARCH 23-2022	50
NSS-SPECIAL CAMP YEAR END	NSS	SPECIAL GRANT SCHEME	MARCH 24-2022	50
NSS-SPECIAL CAMP YEAR END	NSS	SPECIAL GRANT SCHEME	MARCH 25-2022	50
NSS-SPECIAL CAMP YEAR END	NSS	SPECIAL GRANT SCHEME	MARCH 26-2022	50
NSS-SPECIAL CAMP YEAR END	NSS	SPECIAL GRANT SCHEME	MARCH 27-2022	50
WORLD HEALTH DAY	NSS	REGULAR SCHEME	APRIL 7-2022	50
ELEMINATION OF SINGLE USE PLASTIC	NSS	REGULAR SCHEME	SECOND SATURDAY	49
NO VECHICLES DAY	NSS	REGULAR EVENTS	FOURTH SATURDAY	Nil
MAY DAY	NSS	REGULAR SCHEME	May-1-2022	37
TOBACCO DAY	NSS	REGULAR SCHEME	May-3-2022	55
ELEMINATION OF SINGLE USE PLASTIC	NSS	REGULAR EVENTS	SECOND SATURDAY	49
NO VECHICLES DAY	NSS	REGULAR SCHEME	FOURTH SATURDAY	Nil
WORLD ENVIRONMENT DAY	NSS	REGULAR SCHEME	JUN 5-2022	52
INTERNATIONAL YOGA DAY	NSS	REGULAR EVENTS	JUN 21-2022	63
ELEMINATION OF SINGLE USE PLASTIC	NSS	REGULAR SCHEME	SECOND SATURDAY	67
NO VECHICLES DAY	NSS	REGULAR SCHEME	FOURTH SATURDAY	Nil



(Approved by AICTE New Delhi & Permanently Affiliated to JNTUK Kakineda)
Recognised under Section 2(f) & 12(8) of the UCC Act, 1999; Accordited by NAAC with 'A' Crode

# Report on Voter day on Jan-22 Organized by NSRIT Autonomous College

- National voters day is celebrated to encourage, facilitate and maximize the enrollment especially for new or first time voters.
- The main objective of the day is to educate and encourage young voters to vote during elections.
- NSRIT College feels proud to say that, it had taken a responsible part by organizing awareness program to encourage voters through voters day on January 25th 2022.
- More than 30 NSS student volunteers participated and made placards with slogan stood at the
  major junction and suggested the citizens that to preserve water, even the volunteers that they to
  have explained family members of GIDIJALA Village, what is the importance of water.
- The student volunteers were appreciated by senior citizens of Sontyam village for organizing such a good responsible activity for Society.
- Dr. M.A.Khadar Baba, principal of NSRIT College who admired all the student volunteers for taking responsibility and he appreciated Mr.Lovaraju, NSS program organizer and co coordinators Mr. M.Madhansekhar, Mr.Premkumar, Mr.Divakar, Mr.Veeraihai, Mrs.Harikeerthana & PD Mr.Dhilleswar for Organizing the activity for successfully from beginning to end.
- Dr.N.Prasad Raju garu, Secretary and Correspondent of NSRIT Autonomous College appreciated for Team work and their responsibilities.

#### 1. BANNER



2. RALLY



3.INTERACTION





ta-

Programme Officer (S. Lova Raju)



Principal (Dr.M.A.Khadar Baba)

N.S. RAJU INSTITUTE OF T...

(AUTOROMOLO)

SONTYAM, AHANDA FOR THE SONTYAM, AHANDA FOR THE SONTYAM, AHANDA FOR THE SONTYAM AND A FOR

# INSTITUTE OF TECHNOLOGY



(Approved by AICTE, New Delhi || Affiliated to JNTUK, Kakinada || 9001:2008 Certified Institute)

Recognized under Section 2(f) of the UGC Act, 1956 || Accredited by NAAC with 'A' Grade (3.10/4.00)

#### NSRIT - NSS UNIT

#### Report on

#### 73th Republic Day Celebrations on 26th January, 2022

#### at JNTUK, Kakinada

The NSS Cell of JNTUK, Kakinada invited all the affiliated colleges to JNTUK for the 73<sup>rd</sup> Republic Day Celebrations on 26<sup>th</sup> January, 2022 held at JNTUK, Kakinada. In this regard, Mr.S.LovaRaju, Programme Officer of NSS unit, NSRIT along with 12 volunteers went to Kakinada and attended the event and participated in the Celebrations.

The unit members boarded the Simhadri Express on 25-01-2022 at 12.30PM in Visakhapatnam and reached Samarlakota by evening 4 PM. From there onwards the unit members boarded the bus and reached JNTUK by 5PM.

The boarding and lodging was provided by the JNTUK NSS Cell. At 7 PM the unit members participated in the sports rehearsals till 8PM.

On the next day, 26-01-2022, the 73<sup>rd</sup> Republic Day Celebrations were started at the parade grounds of JNTUK at 8AM. The NSS unit of NSRIT participated in the event and displayed the flexi and placards







The Vice Chancellor of JNTUK delivered his message on the occasion of the Republic Day Celebrations. The event was concluded with the National Anthem. The NSS unit members returned to Visakhapatnam by Simhadri express by 5PM.





Principal (Dr.M.A.Khadar Baba)

N.S. RAJU INSTITUTE OF THE CAUTONOMIZED SONTYAM, AHANDA F.



#### NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY



(AUTONOMOUS)

(Approved by AICTE, New Deshi II Affiliated to JNTUK, Kakinada II An ISO 9001, ISO 14001 & ISO 45001 Certified Institution)

Recognized under 2(f) of the UGC Act 1956 II Accredited by NAAC with 'A' Grade (3.10/4.00)

SONTYAM, Pendurthi - Anandapuram Highway, Visakhapatnam - 531173, Ph : 98858241467, 8099464546, www.nsrit.edu.ir

#### Sontyam, Visakhapatnam-531173

#### Report on

NSS Unit of NSRIT organized an awareness program on "ELIMINATION OF SINGLE USE PLASTICS" on 8<sup>th</sup> Jan 2022 at 3.00 pm to 4.30 pm at Gandhi statue ,Block Volunteers and Teaching Faculty Members and Students along with college principal, Director, NSS students and coordinators along with program officer. Principal gave an about the single use of plastics and he described the molecular structures of plastics. He explained the need of bio plastics. He also presented his research results on polymers. He motivated the students for Biocomposites research

- Dr.N.Prasad Raju garu, Secretary and Correspondent of NSRIT Autonomous College appreciated for Team work and their responsibilities
- Dr. M.A.Khadar Baba, principal of NSRIT College who admired all the student volunteers for taking responsibility and he appreciated Mr.S.Lovaraju, NSS program organizer and co coordinators
  - M.Madhansekhar,Mr.Premkumar,Mr.Divakar,Mr.Veeraihai,Mrs.Harikeerthana & PD Mr.Dhilleswar for Organizing the activity for successfully from beginning to end.
- Single plastics, are commonly used for plastic packaging and include items intended to be used
  only once before they are thrown away or recycled. These include, food packaging, bottles,
  straws, containers, cups and cutlery. The objective of this program is to give awareness among
  student community about the hazards of single marine habitats and water bodies from plastic
  pollution





Programme Officer (S. Lova Raju)

Hanny to

Principal (Dr.M.A.Khadar Baba)

N.S. RAJU INSTITUTE OF THE STATE OF THE SONTYAM, ANAMORE VISAKHAPATHAS



#### NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY (AUTONOMOUS)



(Approved by AICTE, New Dethi II Affiliated to JNTUK, Kakinada II An ISO 9001, ISO 14001 & ISO 45001 Certified institution)

Recognized under 2(f) of the UGC Act 1956 II Accredited by NAAC with 'A' Grade (3.10/4.00)

SONTYAM, Pendurthi - Anandapuram Highway, Visakhapatnam - 531173, Ph : 9885824167, 8099464546, www.nsrit.edu.in

#### Sontyam, Visakhapatnam-531173

#### Report on

NSS Unit of NSRIT organized an awareness program on "NO VEHICLE DAY" on 22nd Jan 2022 at 3.00 pm to 4.30 pm at Gandhi statue, Block Volunteers and Teaching Faculty Members and Students along with college principal, Director, NSS students and coordinators along with program officer. Principal gave an about the uses of electrical vehicles and no pollution

- Dr.N.Prasad Raju garu, Secretary and Correspondent of NSRIT Autonomous College appreciated for Team work and their responsibilities
- Dr. M.A.Khadar Baba, principal of NSRIT College who admired all the student volunteers for taking responsibility and he appreciated Mr.S.Lovaraju, NSS program organizer and co coordinators
  - M.Madhansekhar,Mr.Premkumar,Mr.Divakar,Mr.Veeraihai,Mrs.Harikeerthana & PD Mr.Dhilleswar for Organizing the activity for successfully from beginning to end.
- To raise environmental sensitivity and awareness among students about the vehicular pollution. To create awareness about global warming caused by fossil fuel burn and its impact on Indian economy. To encourage for using the bicycles and public transportation system in reducing the carbon footprints.
- t's became a fashion and trend to use the vehicles even for small distance by the society, mostly by the youngster. It feels ashamed and embarrassing to them to walk or use the bicycle.
- Being a science students we must understand the negative impact of fossil fuel on our planet and ultimately on our health. Therefore we should try to avoid the vehicles for small distance.
- To inculcate this habit college has made a rule for every student and faculties not to come in the college by vehicle on every Saturday. It will help somehow to reduce the poisonous gases exhausted in the atmosphere by the motor vehicles.
- We are mostly relying on the fossil fuel imported from the gulf countries to cater our energy requirements and our country is spending a handsome foreign currency for buying it. By practicing we can bring down our fuel consumption and save some bucks. This will help us to reduce the air pollution, keep us active, healthy and boost our economy.









Programme Officer (S. Lova Raju)

Principal (Dr.M.A.Khadar Baba)

N.S. RAJU INSTITUTE OF TOO (AUTONOMOLE) SONTYAM, AHANDA FO VISAKHAPATHASOLE)

# JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY, KAKINADA NATIONAL SERVICE SCHEME

# THE SPECIAL CAMP PROPOSAL

1.	NSS Unit Code	90214310
		2017 14 (10)

Name of the College and Address NADIMPALLI SATYANARAYAN RAJU INSTITUTE OF

TECHNOLOGY

Name of the Principal Dr. M.A. KADHAR BABA

Mobile 9533033334

Name of the Program Officer Mr. S.LOVA RAJU

Mobile 9642665499

5 Camping Dates From 21th March 2022

to 27" March 2022

Camping Place with address ZPH High School, Gidijala

7 Strength of the volunteers 50 participating

 Distance of the camp site from the 7KM College

 Nearest Rail/Bus station to the camping Place
 Neelu kundilu bus stop

 Nature of programmes to be Enclosed undertaken

Any other specific activity - No-

 Agencies involved Datri Blood (Governmental/NGO)

13. Particulars of pre-camp planning Meet with principal government school

(Dr.Payada Raju)

No. of camps so far organized during
 No Smoking Day
 No Smoking Day

Any other information

Programme Officer (S. Lova Raju)

Principal (Dr.M.A.Khadar Baba)

SONTKAM, AMAGEA C

SNO	REGISTER NO	NAME OF THE VOLUNTEER	GENDER	SIGNATURE
1	20NU1A0101	A BALA RAJA NARENDRA SHANKAR	M	ADOLONIE
2	20NU1A0107	K. KUSUMA KUMARI	F	K Vert
3	20NU1A0115	P. DHANUSH KUMAR	M	1
4	20NU1AO123	V.ANUSHA	F	of disco
5	21NU5A0104	K.V.N.S.S. AJAY SRI RAM	М	1 de huit
6	21NU5A0102	K.L.P. DEVI	F	F 1 0 0 501
7	20NU5A0103	D.MOULI	М	1
8	19NU1A0105	K. MURALI	M	K-MW ati
9	19NU1A0101	B. VENKATA RAMANA MURALI	M	13 mintent
10	20NU5A0125	V.DURGA PRASAD	M	11 60
11	20NU5A0108	K BHASKAR RAO	M	M. gonel
12	20NU5A0111	M.GANESH REDDY	M	MI COULT
13	20NU1A0561	M.VISHNU PRIYA	F	pa-victure
14	20NU1A0570	M.HEMA	F	UVIDEO
15	20NU1A05B8	U.VARMA	M	M. AD.
16	20NU1A0524	D.LIKHITHA	F	Vanuer
17	20NU1A0511	SHANKAR OJHA	M	Link the
18	20NU1A0526	D.BHOOMIKA	F	Suryararal
19	20NU1A4209	KLIKITHA	F	t hitlette
20	20NU1A4216	CH DEDEEPYA	F	K Write
21	20NU1A4220	P.V.SURYA KAMAL	M	P. V. Scoupel
22	20NU1A4223	P. SANJEEVA RATHNA	F	P.V. Sugara
23	20NU1A4428	S SAI TEJASWINI	F	6. Correct
24	19NU1A05A7	T.HARIKA	F	T
25	19NU1A05B7	V.GAYATRI	F	
26	19NU1A0527	GAYATHRI SURESH	F	Cayather
27	19NU1A0504	A.VATSAVI	F	1 valet
28	19NU1A0508	ASHWIN	M	Acheuth
29	19NU1A0525	G J KUSHIL	M	Packet .
30	20NU5A0201	AVV JAGADEESWARAMMA	M	car Keely
31	20NU5A0202	A NARENDHRA VARMA	M	-1 nough-a
33	20NU5A0210	K JAYANTH	M	F. TUC
34	20NU1A0222	N RAMESH	M	Rangha
35	20NU1A0223	P UDAYSRINIVAS	M	N-Ra
36	20NU1A0204	A AKSHAY	M	to WALLEY
37	19NU1A0211	R HIMANSHU	M	A 62
38	20NU5A0434	Y.SURYAVAMSI	M	1
39	19NU1A0414	E.H.S.VYSHNAVI	F	EHS. MIL
40	20NU1A0404	A BHARATH KUAMR	M	The Design of the State of the
41	20NU1A0429	D.DURGA PRASAD	M	D. Durfert
42	20NU1A04B2	T.KOMALI	F	La Carlo
43	20NU1A0476	KARTHIK	M	kang Lit
44	19NU1A0330	Y.VENKATA SAI	M	to I
45	20NU5A0356	M VYKUNTESWARA RAO	M	Ludbur.
46	20NU5A0357	M SUDHEER	M	II Mm
47	20NU5A0362	N.BHANU	M	MrD
48	21NU5A0309	J.RAKESH	M	Parelle 1
49	20NU1A0307	B.SRAVANI	F	B- Graceli
50	20NU1A0326	K CHANDRA MOULI VARMA	М	K. duly-

AF

Programme Officier (S. Lova Raju)

HOT World

Principal (Dr.M.A. Khadar Baba)

SONT VAM. ARXIV

# Proposed Action Plan For Special Camp

DAY: 1

Inauguration of special camp with Principal, Nadimpalii Satyanarayana Raju Institute of Technology and Gidijala village (Z. P. High School). After inauguration quiz competition will be conducted for the school.

DAY: 2

Awareness creation regarding the importance and saving water and celebrating World Water Day at Gidijala village.

DAY: 3

Literacy survey, Singing competition and Sports conduction for School children.

DAY: 4

Free Dental, Sugar and Blood Pressure checkup camp for the people of Gidijala village. Blood Donation camp will be conducted at Gidijala village premises in association with Datri Blood and plan to collect nearly 50 units.

DAY:5

Awareness of Anti-Drug, Anti-Liquor and Anti-Tobacco Anti-Corona Anti Childhood Marriages Campaign at Gidijala village.

DAY:6

Plantation and free distribution of notebooks and utensils to the school children.

DAY: 7

Valedictory function

Thank You

N.S. RAJUNETTE

SOSTIAN ARANDA TO THE







N.S. RAJU INSTITUTE OF TECHNOLOGY (AUTONOMOUS) SONTYAM, ANANDA PURAM VISA KHAPATHAMADITA



#### NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY

(AUTONOMOUS)

(Approved by AICTE New Delhi & Permanently Affiliated to JNTUK, Kakinada)
Recognized under Section 2(f) & 12(B) of the UCC Act, 1956| Accredited by NAAC with 'A' Grade



#### NATIONAL SERVICE SCHEME

UNIT NO: 90214310



## NSS SPECIAL CAMP 2021-22

GIDIJALA VILLAGE

GIDIJALA PANCHAYAT

ANANDAPURAM MANDAL

VISAKHAPATNAM





#### NATIONAL SERVICE SCHEME UNIT NO:90214310

Date: 21-03-2022

То

**NSS Programme Coordinator** 

Respected sir,

#### Sub:-NSS Special camp report submission-reg.

I wish to inform you that, as a part of the NSS Special activities of our college NSS Unit No 90214310, we have conducted a "SPECIAL CAMP" from 21.03.2021 to 27.03.2022 at Gidijala, Ananda PuramMandal, Visakhapatnam Dist., A.P. I have pleasure of enclosing the report, photo graphs and paper clippings pertaining to the special camp.

This is for your kind information.

Yours obediently NSS Programme Coordinator

#### Copy to:

- 1. The Assistant Programme Advisor, NSS Regional centre, kendriyasadan, Hyderabad.
- 2. The State Liaison Officer ,State NSS Cell, Dept. of Higher Education, A.PSecretariate, Hyderabad



#### NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY

(AUTONOMOUS)

(Approved by AICTE New Delhi & Permanently Affiliated to JNTUK, Kakinada) cognized under Section 2(f) & 12(8) of the UCC Act, 1956; Accredited by NAAC with 'A' Grad



#### PROPOSED ACTION PLAN FOR SPECIAL CAMP

- > CIRCULARS & NOTICES
- PROPOSAL OF SPECIAL CAMP
- > PERMISSION FROM THE PRINCIPAL
- ➤ LIST OF SPECIAL CAMP VOLUNTEERS & STAFF MEMBERS
- > SPECIAL CAMP INVITATION

#### DAY-1:

INAUGURATION OF THE SPECIAL CAMP WITH PRINCIPAL, NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY AND GIDIJALA VILLAGE (Z.P. HIGH SCHOOL). AFTER INAUGARATION QUIZ COMPETITION WILL BE CONDUCTED FOR THE SCHOOL

#### DAY-2:

AWARENESS CREATION REGARDING THE IMPORTANCE AND SAVING WATER AND CELEBRATING WORLD WATER DAY AT GIDIJALA VILLAGE

#### DAY-3:

LITERACY SURVEY, SINGING COMPETITION AND SPORTS CONDUCTION FOR SCHOOL CHILDREN

#### DAY-4:

FREE DENTAL, SUGAR AND BLOOD PRESSURE CHECKUP CAMP FOR THE PEOPLE OF GIDIJALA VILLAGE.BLOOD DONATION CAMP WILL BE CONDUCTED AT GIDIJALA VILLAGE PREMISES IN ASSOCIATION WITH DATRI BLOOD AND PLAN TO COLLECT NEARLY 50 UNITS

#### DAY-5:

AWARENESS OF ANTI- DRUG, ANTI-LIQOUR AND ANTI TOBACCO ANTI CORONA ANTI CHILDHOOD MARRIAGES CAMPAIGN IN GIDIJALA VILLAGE

#### DAY-6

PLANTATION AND FREE DISTRIBUTION OF NOTEBOOKS AND UTENSILS TO THE SCHOOL CHILDREN.

#### DAY-7:

VALEDICTORY FUNCTION

NEWS PAPERS CLIPPINGS OF THE SPECIAL CAMP





#### NATIONAL SERVICE SCHEME

UNIT NO: 90214310

Date: 19-3-2022

#### **NOTICE**

There will be a meeting of all NSS Volunteers at 12.30PM today (19.3.2022), to finalize the future activities &special camp programme

Venue: Seminar hall-I(ADMIN BLOCK)

Copy to:

Vice Principal-academics,
Asst.Principal-Admin,
Copy to Head Of TheDepatments,
Copy circulated to III B.Tech class rooms,







# Sontyam, Ananda Puram, Visakhapatnam.

### PROPOSAL FOR THE NSS SPECIAL CAMP FOR THE YEAR 2021-22

(21-03-2022 TO 27-03-2022)

VENUE:GIDIJALA VILLAGE

## ANANDPURAM (M), VISAKHAPATNAM (DIST)

S.no	Name of the college	Number of volunteers proposed	Faculty	Total	Exact location of camp	Nearest bus station to reach	Dates	Name & address of the incharge of camp
1.	NSRIT(NU)	55	09	59	ZP High schoolSCHO OL, GIDIJALA	Neellakun deelu	21.3.2022t o 27.3.2022	K LOVA RAJU, NSS programme officer, Unit No 90214310, NSRIT.

NSS PROGRAMME OFFICER, PRINCIPAL NSS UNIT NO:90214310



# NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY

#### (AUTONOMOUS)

(Approved by AICTE, New Delhi & Permanently Affiliated to JNTUK, Kakinada)

Recognized under Section 2(f) & 12(B) of the UCC Act, 1956; Accredited by NAAC with 'A' Grade

#### NATIONAL SERVICE SCHEME

UNIT NO: 90214310

# **INVITATION**

Your gracious presence is solicited at the Inaugural function of NSS SPECIAL CAMP
At
GIDIJALA VILLAGE

On Tuesday 22-03-2022 at 10.00 AM

## Chief guest

Sri L. Dr. M.A KADHAR BABA, PRINCIPLE, NSRIT

#### **Guest of Honour**

Sri.Y.KAMA RAJU, V.R.O., Mutcherla

## Special Invitees

Dr.M.A KADHAR BABA, Principal, NSRIT, Mr.B.Srinivasarao, Asst.Principal(Admin), NSRIT Mr.G.Rajasekharam, Vice Principal(Academic)NSRIT, Sri. S.Srinivasarao, H.M., U.P.School, Mutcherla,

> Dr.B.V.R.Ravi Kumar Principal & Chairman N.S.S.

10.00 am – Inviting dignitaries

10.10 am – Welcome address

10.20am - Address by Principal, NSRIT

10.25 am – Address by Special InviteeAdmin, Principal, NSRIT

10.30am - Address by SpecialInvitee, Asst.Principal,NSRIT

10.35 am - Address by Guest of honour

10.40am - Address by Chief Guest

10.45am - Vote of thanks

11.00am – Camp inauguration

#### DAY-1

INAUGURATION OF THE SPECIAL CAMP WITH PRINCIPAL, NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY AND GIDIJALA VILLAGE (Z.P. HIGH SCHOOL). AFTER INAUGARATION QUIZ COMPETITION WILL BE CONDUCTED FOR THE SCHOOL

Inauguration:- At Z.P.High School, Gidijala

Date:-27-03-2022

Chief Guest:- Sri L. NAIDU ,.Sarpanch, GIDIJALA GramaPanchayat,

Guest of honour:- Sri. Y.KAMA RAJU , V.R.O., GIDIJALA

**Special invitees:-** Dr.M.A.KADHAR BABA, Principal, NSRIT,

Dr.KRISHNA HOD S&H, NSRIT, Mr.S.LOVA RAJU Programme Coordinator NSS, NSRIT,

Sri. Dr.PATHRUDU, H.M., ZP High School, GIDIJALA





#### **About GIDIJALA**

Gidijala is a pleasant& peaceful village. It is a part of Anandpurammandal. The eldersin the village are generally illiterate farmers/labourers. The villagers are humble, friendly, broad minded, believed in the spirit of "Athididevobhava"

They are facing the problems of illiteracy, early child marriages, lack of well equipped hospital, lack of sanitation, awareness about cleanliness and inadequate supply of ration cards.

Lunch break:- 1.00-2.00 pm

After 2.00pm the village contact by rally by the nss volunteers and our chief guests



# AWARENESS CREATION REGARDING THE IMPORTANCE AND SAVING WATER AND CELEBRATING WORLD WATER DAY AT GIDIJALA VILLAGE

Date:

Break fast: 9.00am

Time:9.30am -12.30 pm

Programme:- clean and green

**Objective**:- The main objective is to educate the people about how to keep their surroundings clean and to make them aware that "CLEANLINESS IS NEXT TO GODLINESS"

In the morning sessionclean and green was carried out by a group of volunteers at school surround Mutcherlavillage. Four batches of volunteers concentrated on garbage cleaning, 2batches on cleaning & removal of bushes, remaining 2 batches involved in cleaning the ++ean& green in the surroundings





Lunch:-1.00pm-2.00pm

Programme:-black board painting

Objective:-To make the black boards be paint with black board paint to good to see the children

Our students conducted an activity to paint the black boards with black board paint..the boards of the M.P.U.P school were not good to see.it is unable to write and unable to read. Our nss volunteers were divided into two groups interested to keep the black boards with paint.





## Feed back:

The villagers are very happy with the programme of cleaning the school surroundings and sprinkling the bleaching powder around the school. They realised the importance of cleaning in their overall development of the school and painting the black boards..

<u>LITERACY SURVEY, SINGING COMPETITION AND SPORTS CONDUCTIONFOR SCHOOL</u>
<u>CHILDRENDate:</u>

Break fast: 9.00am

Time:9.30am-12.30pm

Programme: rally on awareness of plastic usage and its pollution:-

In the morning sessionshramadhan was carried out by a group of volunteers at Mutcherla. Volunteers were divided into two groups One group concentrated on the rally on plastic usage and its pollution effects and the other group, on cleaning the surroundings of the plastic bags and covers of the schooland village.

#### **Lunch**:-1.00pm-2.00pm

One group of volunteers conducted games for school children belonging to 1st to 7th std in which nearly 150 children from primary school participated energetically. Smt. S.Padmavathi, H.M.,M.P.U.P school, Mutcherla led the children and encouraged them to participate in fun activities and games like Musical chair, Running race, Hopping race, Frog jump, Kabaddi&Kho – Kho,were conducted prizes were distributed to the winners.

After 5.00pm they returned for refreshments....

# Feed back:

People of Mutcherla village were happy with the volunteers for conducting rally on plastic bags usage and its effects,. Villagers were very much impressed with the rally programme. Health worker felt that their job had been made easy with the awareness built by the N.S.S. volunteers. School teachers and children actively supported the sports work taken by the volunteers.



# FREE DENTAL, SUGAR AND BLOOD PRESSURE CHECKUP CAMP FOR THE PEOPLE OF GIDIJALA VILLAGE.BLOOD DONATION CAMP WILL BE CONDUCTED AT GIDIJALA VILLAGE PREMISES IN ASSOCIATION WITH DATRI BLOOD AND PLAN TO COLLECT NEARLY 50 UNITS

Date:

Break fast: 9.00am

Time:9.30am-12.30pm

Programme:-shramadan

In the morning session students were divided into two groups. One group literacy survey of each family of much charla and The other batches went to Mutcherla village and carried out social activities like training the illiterates to practise their signatures and counselling on early child marriages

**Lunch**:-1.00pm-2.00pm

**Programme**: Awareness programme on school drop outs and early child marriages

**Objective**: The main objective is to spread the idea 100% literacy rate and make them self sufficient in the needy areas.

The other batches went to take up for primary classes of the school Mutcherla village and carried out computer classes and training programme and personality development classes to the school children and to the teachers also .

After 5.00pm they returned for refreshments.

## Feed back:

Villagers benefitted a lot from the programme on education and early child marriages and they express their thankfulness to the N.S.S. volunteers for this humanitarian gesture. After attending the programmes on education and child marriages, villagers felt thankful to the volunteers for making them realise the value of literacy and the socio economic problems child marriages.



# AWARENESS OF ANTI- DRUG, ANTI-LIQOUR AND ANTI TOBACCO ANTI CORONA ANTI CHILDHOOD MARRIAGES CAMPAIGN IN GIDIJALA VILLAGE

Date:

Breakfast: 9.00am

**Time**:9.30am-12.30pm

Programme:-shramadan

In the morning session swatchchbharath was carried out by a group of volunteers at Mutcherla village. Volunteers were divided into two groups, One group concentrated on swatchchbharath works and the other group, on cleaning drainage chanals and sprinkling the bleaching powder.

Lunch:-1.00pm-2.00pm

**Programme**: Self employment training to the villagers

**Objective:**To teach the villagers about self employment and make them financial independent and self-reliant.

The other batches went to take up for white wash for school compound wall and they can make schhol main gate with iron and its painting work of the school Mutcherla village.

. Feed back: The much charla village surpanch was so happy to take up a swatchchbharath in some important places and a few youth students of that village was participated volenteerly, the school head master was appreciated the nss volunteers for taking the actions like whiate wash and main gate.





# PLANTATION AND FREE DISTRIBUTION OF NOTEBOOKS AND UTENSILS TO THE SCHOOL CHILDREN.

Date:

Breakfast: 9.00am

**Time**:9.30am-12.30pm

Programme:- Rally on literacy

**Objective**: To inculcate awareness about AIDS disease among the villagers.

**Lunch**:-1.00pm-2.00pm

Programme:-medical camp for Primary and U.P. school children

Objective: To make the children physically fit & mentally sound

One group of volunteers conducted dance activities for school children belonging to 1sto 7th std in which nearly 50 children from primary school participated energetically.Sri.S.naidu., H.M ,M.P.U.P school, Mutcherla led the children and encouraged them to participatein fun activities

## Feed back:

The school management and children of primary school, Mutcherla felt happy about the games conducted and thanked the NSS Volunteers.



#### **VALEDICTORY FUNCTION**

Date:

Breakfast: 9.00am

Time:9.30am-12.30pm

Programme: -shramadan

On the day-7, in the morning session plantation was conducted in which all the volunteers enthusiastically involved themselves in plantation the samplings in the school area. Total 50 plants were planted..

Thus the 7-days NSS camp which had been combination of various programmes like school children dances, making of school main gate and its painting, writing swachchcbharath slogans with paint on the compound wall...and awareness valedictory function come to an end.

**Lunch**:-1.00pm-2.00pm



# INVITATION



# NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY



#### (AUTONOMOUS)

(Approved by AICTE New Delhi & Permanently Affiliated to JNTUK, Kakinada)

Recognized under Section 2(f) & 12(B) of the UGC Act, 1956| Accredited by NAAC with 'A' Grade

#### N.S.S.SPECIAL CAMP

Your garacious presence is solicited at the valedictory function

At GIDIJALA ON

Thursday27.3.2022 at 2.30 pm,

## Chief guest

Sri L. NAIDU ,. Sarpanch, GIDIJALA GramaPanchayat,

#### **Guest of Honour**

Sri. Y.KAMA RAJU, V.R.O., GIDIJALA

## Special Invitees

Dr.M.A.KADHAR BABA, Principal, NSRIT, DR.KRISHNA HOD S&H, NSRIT, Mr.S.LOVA RAJU Programme Coordinator NSS, NSRIT, Sri. Dr.PATHRUDU, H.M.,ZP High School, GIDIJALA

Dr.M.A.KADHAR BABA

Principal

#### **PROGRAMME**

<u>Time</u>	<u>Activity</u>		
12.00 pm	food session		
2.00 pm	Inviting Dignitaries		
2.35 pm	Welcome Address		
2.40 Pm	N.S.S.P.O!s Report		
0.45			
2.45 pm	Address by Special Invitee		
2.50 pm	Address by Guest of Honour		
3.00 pm	Address by Chief Guest		
3.30 pm	Presentation of Momentoes.		
0.00 pm	Troomation of Momentoes.		
4.00 pm	Awards for best volunteers		
500	V ( 50 )		
5.30 pm	Vote of thanks		

#### PROGRAMME: VALEDICTORY FUNCTION 27-3-2022

On the closing day of the camp, a valedictory function was conducted on 27-3-2022atZ P High School, Gidijala village AnandpuramMandal, Visakhapatnam dist, A.P. It was valedict by the Chief Guest Sri. NAIDUGARU , sarpanch, Gidijala village, Dr Pathrudu, H.MZ P High School, Gidijala, principal of NSRIT Dr. MA. KADHAR BABA and HOD of S&H Department Dr. KRISHNA and Mr.S. Lova Rajuns Sprogramme officer, NSRIT and NSS co-ordinators, PDNSRIT, welcomed the gathering and read out of the camp report. Chief guest Sri. NAIDUGARU, Sarpanch, Gidijala congratulated the volunteers for the great effort. He emphasised that students should develop the spirit of patriotism and service, the will to do hard work, the feeling to uplift the poor and the down trodden.

# Feed back:

The villagersand school head master and Sarpanch and all other people who have gathered felt very happy about the performance of the NSS Unit and its activities in the village.



# పాఠశాల విద్యార్థులకు పోటీలు

అనందప్పరం, స్పూస్ట్ టుడే: శొంర్యాం ఎన్ఎస్ఆర్ఐటీ జంజెనీరింగ్ కళాశాల ఎన్ఎస్ఎస్ విభాగం ఆధ్వర్యంలో గిడిజాలలో పలు సేవా కార్యక్రమాలు నిర్వహించారు. శుక్రవారం ఉదయం శ్రమదానం అనంతరం ఉన్నత పౌర శాలలో విద్యార్థులకు పలు క్రీడా పోటీలు నిర్వహించారు. విద్యార్థులకు కొమార దశలో వచ్చే మార్పులపై అవగా హన కర్పెంచారు. ఎన్ఎస్ఎస్ పీవో లోవరాజు, కో-ఆర్డినే టర్ (పేమ్కుమార్, వైద్యులు తదితరులు పాల్గొన్నారు.



#### ముగిసిన ఎన్ఎస్ఎస్ ప్రత్యేక శిజరం 🕔



ముగించి సభలో మాట్లాడుతున్న కతాతాల భరానాచార్కుడు ఎంపి ఖారర్బులు

అనందస్తేరం, స్వార్టీటులో : కొంత్యాం ఎస్ఎస్ఆరీంటే ఇంజెనీరింగ్ కళాశాల ఎస్ఎస్ఎస్ విజాగం అవ్వర్యంలో గిడి జాల గ్రామంలో ఏడు రోజాలుగా జయగుతున్న ప్రత్యేక సవా కలిలు కనివారం ముగిండి ఈ మేరట కనివారం ఉదయం వాలంటేట్ల గ్రామతాను దేశాలు మజ్యాహ్నం అరిగిన ముగంపై పటెలో కళాశాల ద్రధానారార్యులు ఎంఏ ఖాదర్ బాలా మాట్లాదుకూ సమాజ సీమలో మనవందు ప్రాత్ర గిరంతరం పోషంచాలన్నారు. కార్యుల్లమంలో నర్పంది అప్పల రాజా, పైస్ ఎందీపే పాల్యకులు క్రేమ, కోరాడ ముగులయ్య, సిలికే విజాగాదినలి రైట్లే, ఎస్ఎస్ఎస్ సీమో లోవరాజా, కో-ఆర్గినేలర్ డేమ్కుమాడ్, వాలంటేట్ల పాల్వన్నారు.







# ESTD:2008 NSRIT NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY





(Approved by AICTE, New Delhi & Permanently Affiliated to JNTUK, Kakinada) Recognized under Section 2(f) & 12(B) of the UGC Act, 1956| Accredited by NAAC with 'A' Grade

#### **N.S.S. Special Camp Expenditure**

SNO	NAME OF THE ITEM	NUMBER	RATE	AMOUNT
1	Participation Certificates ( Design & Printing)	50	15	750.00
2	Activity Banners (5x3 size)	4	237	945.00
3	Electric Bells (For classes 1-5,6-10 as per school Requirement)	2	3000	6000.00
4	Bleaching Powder, Hand Gloves, Masks, Hand Sanitizers, Broomsticks, cotton.	1 Pack	1500	1500.00
5	Snacks for students (Mon,Evng) Biscuit packet, Energy Drink	50	20 (6Days)	6000.00
6	Photos	25	5	1250.00
7	Grand Lunch (Last Day)	50	85	4250.00
8	Gifts for student's winners & Runners (Games & Sports for school students)	60	25	1500.00
9	Miscellaneous	1	305	305.00
	22,500.00			

(In words Twenty-Two Thousand Five Hundred Rupees only)

Signature of the Programme Officer with seal

Principal with seal

Signature of the





























# NSS UNIT NO: (90214310)



**THANK YOU** 



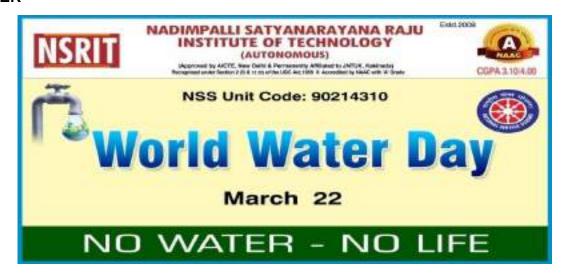
(Approved by AICTE New Delhi & Permanently Affiliated to JNTUK, Kakinada)
Recognized under Section 2(1) & 12(8) of the USC Act, 1999; Accredited by NAAC with (A' Cride

# Report on

# Water day on March-22 Organized by NSRIT Autonomous College

- In the present scenario, it is observed that the water day celebrates water and raises awareness of the 2.2 Billion people living without access to safe water.
- It focuses attention on the importance of water and how to preserve it. As we know that water is essential for life, without water we can't survive. Up to 60% of Human body is water.
- If there was no water there would be no life on earth.
- NSRIT College feels proud to say that, it had taken a responsible part by organizing awareness program on save water through water day on March 22nd 2022.
- More than 25 NSS student volunteers participated and made placards with slogan stood at the major junction and suggested the citizens that to preserve water, even the volunteers that they to have explained family members of GIDIJALA Village, what is the importance of water.
- The student volunteers were appreciated by senior citizens of Gidijala village for organizing such a good responsible activity for Society.
- Dr. M.A.Khadar Baba, principal of NSRIT College who admired all the student volunteers for taking responsibility and he appreciated Mr.Lovaraju,NSS program organizer and co coordinators Mr. M.Madhansekhar,Mr.Premkumar,Mr.Divakar,Mr.Veeraihai,Mrs.Harikeerthana & PD Mr.Dhilleswar for Organizing the activity for successfully from beginning to end.
- Dr.N.Prasad Raju garu, Secretary and Correspondent of NSRIT Autonomous
   College appreciated for Team work and their responsibilities.

## 1.BANNER





2.RALLY



3.INTERACTION





Principal (Dr.M.A.Khadar Baba)

N.S. RAJU INSTITUTE OF THE SALE (AUTOHOMALIA)
SONTYAM, AHANDA F
VISAKHAPATHAN



# REPORT ON INTERNATIONAL WORKERS' DAY CELEBRATED ON 1 MAY, 2022 by NSRIT College Autonomous

"No work is insignificant. All labor that uplifts humanity has dignity and importance and should be under take with painstaking excellence."

- Martin Luther King, Jr.

- International Workers Day, also known as Labour Day is celebrated on 1<sup>st</sup> May every year all over the world to acknowledge and reinforce the credentials attributed to all the workers and to express gratitude for their tireless efforts which greatly contributes to the upliftment and growth of the Nation.
- NSRIT College always strives to instill great values and constantly iterates to uphold these values of humanity and dignity of labour in students. These values were very evidently demonstrated by the students as they celebrated the International Workers' Day, under the guidance of our respected Principal, Director, NSS students and coordinators along with program officer.
- NSRIT College feels proud to say that, it had taken a responsible part by organizing awareness program on May 1<sup>st</sup> 2022.
- More than 25 NSS student volunteers participated and stood at the major junction and suggested the citizens to take precautions and care while doing their job, even the volunteers have explained their family members of SONTYAM Village, what is the importance of the day.
- The student volunteers were appreciated by senior citizens of SONTYAM village for organizing such a good responsible activity for Society.
- Dr. M.A.Khadar Baba, principal of NSRIT College who admired all the student volunteers for taking responsibility and he appreciated Mr.S.Lovaraju, NSS program organizer and co coordinators Mr. M.Madhansekhar,Mr.Premkumar,Mr.Divakar,Mr.Veeraihai,Mrs.Harikeerthana & PD Mr.Dhilleswar for Organizing the activity for successfully from beginning to end.
- Dr.N.Prasad Raju garu, Secretary and Correspondent of NSRIT Autonomous College appreciated for Team work and their responsibilities.

The victory of this day can be well summarized with the wonderful thoughts of Mahatma Gandhi

"The best way to find yourself is to lose yourself in the service of others."

- Mahatma Gandhi

# **1.BANNER**







Programme Officer (S. Lova Raju)

Principal (Dr.M.A.Khadar Baba)

N.S. RAJU INSTITUTE OF THE CAUTOHOME SONTYAM, AHANDA FOR VISAKHAPATHA CAUTOHOME SONTYAM, AHANDA FOR VISAKHAPATHA CAUTOHOME SONTYAM, AHANDA FOR VISAKHAPATHA CAUTOHOME SONTYAM SONTYAM



(Approved by AICTE New Delhi & Permanently Affiliated to JNTUK Kakinada)

Recognised under Section 2(f) & 12(8) of the UCC Act, 1989, According by NAAC with 'A' Onde

# Report on

# INTERNATIONAL DRUG DAY on JUN 26-2022 Organized by NSRIT Autonomous Addressing drug challenges in health and humanitarian crises"

The International Day against Drug Abuse and Illicit Trafficking, or World Drug Day, is marked on 26 June every year to strengthen action and cooperation in achieving a world free of drug abuse.

And each year, individuals like yourself, entire communities, and various organizations all over the world join in to observe World Drug Day to help raise awareness of the major problem that illicit drugs pose to society.

Together, we can tackle the world drug problem!

- Do your part by sharing real facts on the drugs situation— from health risks and solutions to tackle the world drug problem to evidence-based prevention, treatment, and care resources in times of crises.
- More than 80 NSS student volunteers participated
- Dr. M.A.Khadar Baba, principal of NSRIT College who admired all the student volunteers for taking responsibility and he
  appreciated Mr.Lovaraju, NSS program organizer and co coordinators Mr. M.Madhansekhar, Mr.Premkumar, Mr.Divakar,
  Mr.Veeraihai, Mrs.Harikeerthana & PD Mr.Dhilleswar for Organizing the activity for successfully from beginning to end.
- Dr.N.Prasad Raju garu, Secretary and Correspondent of NSRIT Autonomous College appreciated for Team work and their responsibilities
- In 2022, the world continues to witness widespread humanitarian crises in Afghanistan, Ukraine and
  elsewhere, while the COVID-19 pandemic is still a major global health crisis. The synthetic drug crisis
  also requires nimble and adaptable solutions. A growing sense of global community and solidarity
  continues to emerge, as does the need to care for all in times of crises.



Programme Officer (S. Lova Raju)

HSIN'

Principal (Dr.M.A.Khadar Baba)

N.S. RAJU INSTITUTE OF TOO (AUTOROMOLE) SONTYAM, AHANDA FO VISAKHAPATHAS



(Approved by AICTE New Delhi & Permanently Affiliated to JNTUK Kakineda)
Recognised under Section 2(f) & 12(8) of the UCC Act, 1999; According by NAAC with 'A' Grade

# Report on WORLD ENVIRONMENT DAY on JUN 5-2022 Organized by NSRIT Autonomous

- World Environment Day 2022 is the biggest international day for the environment. Led by the
  United Nations Environment Programme (<u>UNEP</u>), and held annually since 1973, it has grown to be
  the largest global platform for environmental outreach. It is celebrated by millions of people across
  the world.
- World Environment Day 2022 is hosted by Sweden. "Only One Earth" is the campaign slogan, with the focus on "Living Sustainably in Harmony with Nature".
- The world environment day is celebrated every year on 5th June to raise global awareness to take
  positive environmental action to protect nature and the planet earth. It is a day that reminds
  everyone on the planet to get involved in environment friendly activities.
- More than 30 NSS student volunteers participated and made placards with slogan stood at the
  major junction and suggested the citizens that to preserve water, even the volunteers that they to
  have explained family members of GIDIJALA Village, what is the importance of water.
- The student volunteers were appreciated by senior citizens of Sontyam village for organizing such a good responsible activity for Society.
- Dr. M.A.Khadar Baba, principal of NSRIT College who admired all the student volunteers for taking responsibility and he appreciated Mr.Lovaraju, NSS program organizer and co coordinators
   Mr. M.Madhansekhar, Mr.Premkumar, Mr.Divakar, Mr.Veeraihai, Mrs.Harikeerthana & PD
   Mr.Dhilleswar for Organizing the activity for successfully from beginning to end.

 Dr.N.Prasad Raju garu, Secretary and Correspondent of NSRIT Autonomous College appreciated for Team work and their responsibilities











# NADIMPALLI SATYANARAYANA RAJU INSTITUTE OF TECHNOLOGY



(AUTONOMOUS)

(Approved by AICTE, New Deihi II Affiliated to .RYTUK, Kakinada II An ISO 9001, ISO 14001 & ISO 45001 Certified Institution)

Recognized under 2(f) of the UGC Act 1956 II Accredited by NAAC with 'A' Grade (3.10/4.00)

SONTYAM, Pendurthi - Anandapuram Highway, Visakhapatnam - 531173, Ph : 9885824167, 8099464546, www.nsrit.edu.in

#### **REPORT**

International women's day (IWD) is a global day celebrating IWD with love and honor for women hood. This day also makes a call to the action for accelerating gender parity. Gender parity is nothing but a service of equality, which consists in ensuring the access of women and men to the same opportunities, rights to choose material conditions. While women's day is to celebrate

- Women's achievements
- Raise awareness about women's equality
- Lobby for accelerated gender parity and
- Fundraising for female focused charities
- NSS Unit of NSRIT organized an awareness program on "INTERNATION WOMENS DAY"
   MARCH 8-2022 on 3.00 pm to 4.30 pm at Gandhi statue, Block-I-Volunteers and Teaching
   Faculty Members and Students along with college principal, Director, NSS students and
   coordinators along with program officer. Principal gave an about the Women's
   achievements Raise awareness about women's equality, Lobby for accelerated gender
   parity and Fundraising for female focused charities



#### AWARENESS TALKS

- The first talk was by Mrs Prasanthi about "WOMEN'S HEALTH". It was very insight talk
  about the women's heath highlighted about the medical problems faced by womens
  and how to combat the same.
- The second talk was by Dr madhavi about "WOMEN'S EDUCATION AND TECHNOLOGY". He spoke about importance of an educated women and how a women with education can change the world.

- The third talk was by Diya (CSE student) on the topic "WOMEN RIGHTS". It was very well learned talk about the rights of women and how the rights of women are given more importance.
- The next talk was by Lokesh(Management Student) about "WOMEN EMPOWERMENT". Women empowerment refers to the creation of an environment for women where they can make their own decisions of their well-being as well as for society.
- The last awareness talk was by Subhashini (MBA Student) and her topic was about "Boons given by nature to women". It was a talk about all the cherishing aspects of women's life and also about how fortunate we are being women's

### Report on

## INTERNATIONAL DAY OF YOGA

# On 21st June, 2022

# <u>International Yoga Day:</u>

Yoga refers to the act of dedicating one's consciousness to the inner soul, where one focuses on bringing peace between the mind and the body. The word 'Yoga' is derived from the two Sanskrit words 'Yuj' and 'Yujir'. In Vedas, they have the meanings 'to unite', 'to join together' or 'connection'. The word yoga means bringing peace and harmony to one by the act of focusing. According to Patanjala, Journal of Historical and Cultural Research, yoga is a technique to keep oneself away from disturbance and away from distractions.

# **History, Development And Origin:**

The origin of yoga is traced back thousands of years ago when no religion or religious beliefs were inherited by humans. In the Vedas, the god Shiva is portrayed as the first yogi or Adiyogi, and the first Guru or Adi Guru. The Adiyogi passed on his knowledge of yoga to the Saptarishis or "seven sages". This powerful yogic science was carried by the seven sages to the whole world. They travelled to Asia, the Middle East, Northern Africa and South America and other parts of the world to impart their knowledge of yogic science. In the Indian sub-continent, the culture of yoga travelled through the sages Agastya, the Saptarishi, who drew this culture into Indian traditions. The beginnings of Yoga were developed by the Indus-Sarasvati civilization. The most renowned Yogic scriptures are the Bhagavad- Gita which was drafted around 500 B.C.E. The pre-Vedic period around 2700 B.C. has traces of Yoga. Then, the science of yoga landed on the classical stage, which was the time period between 500 B.C. to 800 A.D. Patanjali's Yoga-Sutras define the classical period. During this period only, the concept of Five vows – Pancha Mahavrata and Astha Magga or eightfold path came into existence.

Then, in the post-classical era, yogic developed Tantra yoga, which cleanses the body and the mind to help us break the knot which ties our inner soul to our physical existence. The modern period of yogic science began in the late 1800s and early 1900s. This period saw the contribution of various yogis to the development of Raja Yoga. Yoga is practised all over the world in contemporary times, to promote health and development of body and soul.

## International Yoga Day 2022:

International Yoga day 2022 is celebrated on June 21 across the world. The concept of the International Day of Yoga was first proposed by Prime Minister Narendra Modi during his speech at the UN General Assembly in 2014. Later in December of 2014, UNGA announced that June 21 will be celebrated as International Yoga Day or World Yoga Day. Since 2015, International Yoga Day has been celebrated on June 21 worldwide.

NSRIT NSS Unit celebrated **International Day of Yoga** on **21**st **of June**, declared by offline event. The programme was attended by more than 54 members of students and faculty with great enthusiasm and happiness. The Yoga postures were guided by Sri **Ch.Dilleswararao** Yoga trainer like Mudrasana, Vrukshasana, Trikonasana, Surya Namsakar, Bhujangasana, and Pawanamukthasana and finally ended with Pranayamam the prayers were also included in the programme.

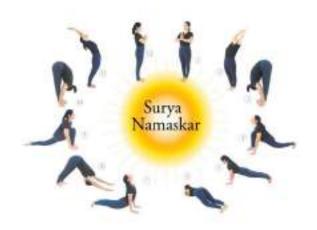
Honorable Director Dr. J. Raja Murgadoss, NSRIT during his address stated that Yoga is the perfect way to rejuvenate the mind and make it to be happy. Respected Principal **Dr. M. A. Khadar Baba**, stated the benefits of Yoga and its uses and emphasized to learn in an atmosphere where there is discipline in thoughts and attitude. Secretary **Dr.N.Prasad Raju Garu** appreciated the NSS Programme Officer **Sri S. Lovaraju & Ch.Dilleswararao** Physical directors and NSS student volunteers for their team spirit. He encouraged the participants through his valuable words.

Heartful thanks to our Prime minister **Sri. N.Narendra modi** for giving a wonderful opportunity to colleges to have a useful activity .The college is also very much thankful to the NSS UNIT of JNTUK for organizing this under them.

# International Yoga Day 2022 Theme:

The 8th edition of International Day of Yoga (IDY) will be celebrated with the theme "Yoga for Humanity". The theme for this year's IDY was selected after much deliberation and consultation. The theme "Yoga for Humanity" portrays how during the peak of the <u>COVID-19</u> pandemic yoga served humanity in alleviating the suffering.

- Prime Minister Narendra Modi, while addressing an event marking the seventh International Yoga Day on Monday morning, said, "Today, when the whole world is combating the <u>coronavirus</u> disease <u>pandemic</u>, yoga remains a ray of hope."
- The Prime Minister also launched am Yoga app that will be available worldwide. "In collaboration with WHO, India has taken another important step. We will be launching the mYoga app which will have yoga training videos in different languages for people across the world. This will help us achieve our 'One World, One Health' motto," he added.
- This year, the theme is 'Yoga For Wellness'. Elaborating on it, PM Modi wrote on Twitter: "The theme
  this year is 'Yoga For Wellness', which focuses on practicing Yoga for physical and mental wellbeing.











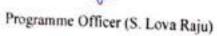
















VISAKHAPATHATTA